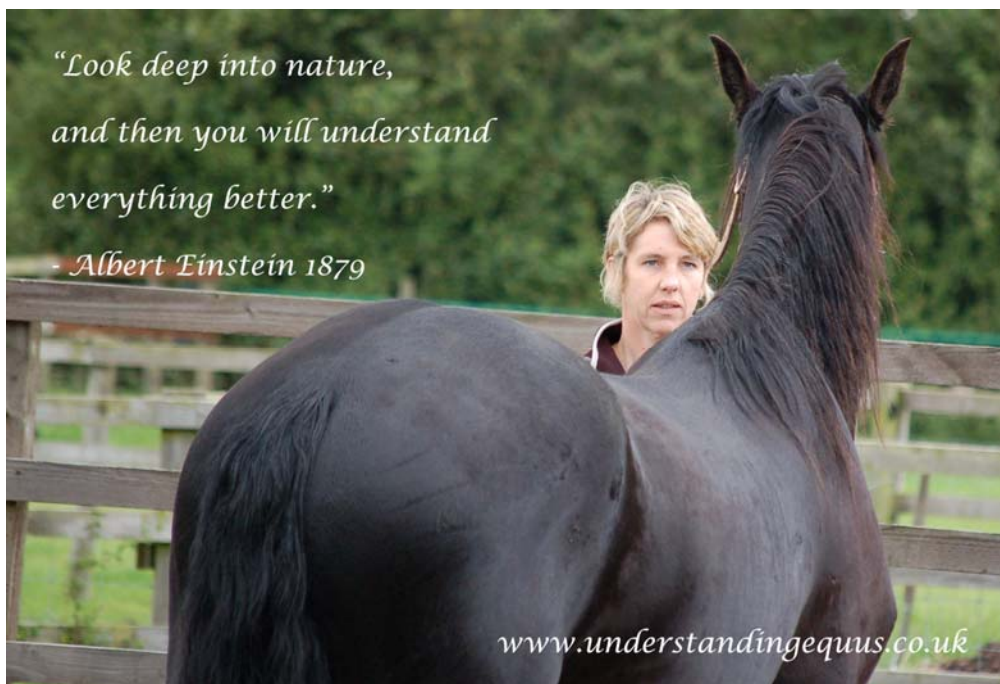




Horsemanship Coaching Developing safe, ethical and sustainable change

Horsemanship Coaching – for YOU & YOUR HORSE designed to help owners & their horse(s) find what really works & resonates for them & their unique partnerships... Horsemanship Coaching starts with a conversation, about what matters most, to you and your horse. What skills, knowledge & understanding do you need to achieve your goals? What will motivate you & your horse, to take the first step... to make it happen... today!? It will end with a vision of something bigger, something that inspires you to make a difference & transform your relationships... Using a holistic approach, Debbie will help you to find what you & your horse needs, inspiring & encouraging you both to be the best you can be.



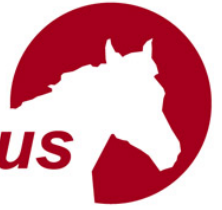
"Thank you for today Debbie!! One relaxed, happy horse!! Ruby and I are both loving working with you and I am amazed at the progress she is making xx" Kath Ryan

"Hi Debbie, I just want to say that I think it's amazing what you do ...there is a need for someone like you to be out there and giving owners a better understanding of these beautiful animals..." Kelly Stedman

Debbie Reilly is " ...a breath of fresh air in the equine world... extremely open, knowledgeable and most of all striving for a better world for our equine friends..." Claudia Dudd

Debbie Reilly: Horsemanship Coach & Behaviour Specialist

10 Hudson Close, Ringwood Hants. BH24 1XL UK
Mobile: 07715 732 278 email: info@understandingequus.co.uk
website: www.understandingequus.co.uk



Horsemanship Coaching Services

Using a holistic & mindful approach, Debbie will help you & your horse's physical, mental & emotional development, creating balance & harmony in your relationship. Targeted to you and your horse(s) individual needs, develop the skills, knowledge & understanding required to optimize your relationship and realize your ambitions & dreams.

Initial consultation: 2.5 – 3hrs = £200 (Includes follow-up email / telephone support)

The aim of an initial home visit is to get to know YOU & YOUR HORSE, to build confidence through understanding and provide a way forward. Using a questionnaire we will explore you & your horses' past history and experience, your current situation, goals and ambitions. We will identify your levels of skill, knowledge & understanding, areas of strengths and weakness, your aspirations, dreams, and motivations and how these compare with those of your horse. Debbie will observe you and your horse, assessing your current relationship on a physical, mental & emotional level. Establishing potential reasons for behaviours and pathways forward towards change. Using a holistic and intuitive approach Debbie will create an individualized plan, moving you & your horse forward on your journey to Understanding Equus. This may include further coaching sessions with Debbie and/or recommended sessions with other associated trainers, therapists & equine specialists.

Individual Coaching sessions: £80 per hr + travel

Coaching sessions start on the ground looking first at your relationship, helping you to build a bond and connection, based on mutual trust, respect and permission. Starting at liberty, moving on-line and then into the saddle, Debbie will help you & your horse to build confidence, trust & understanding through incremental learning. Exploring the language of 'Equus', through body language, energy & intent, helping you to set up clear boundaries & communication systems that work for you & your horse. Debbie will help you to develop your knowledge and understanding of; equine ethology & behaviour, senses & psychology, the links between behaviour & emotions, cognition, attachment & learning theories, ways to optimise health & performance. All empowering you to build confidence & trust and to achieve your goals, whilst recognizing your horse(s) physical, mental & emotional needs.

Payable in advance, non-refundable deposit of £25 required to secure your package.

UE Coaching Packages: Available From £50 per hr + travel

- **Foundation** Package:
Min of x4 hours over 1 month @ £50 per hr + Travel
- **Development** Package:
Min of x2 hours over 1 month @ £70 per hr + Travel

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